

Speech and Language Newsletter Let's Chat!

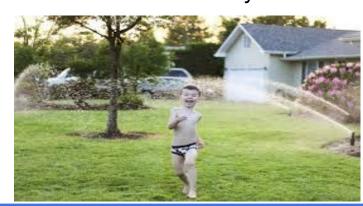
Brenda MacKay SLP

Hello Central Spryfield Families, I hope you all are safe and healthy at home! It is exciting to see things open up but we still need to be very careful with continued handwashing and social distancing! I thought I'd suggest some fun, easy to do activities that will help your child's language skills during the summer months. The ideas below can be completed in a variety of settings and do not require special materials, but rather make use of your child's home environment.

Social Skills: A great skill to practice this summer is giving compliments to people. A compliment is saying something nice to someone to make them feel good. Watch this video on compliments: Learn how to give a Compliment with Heidi Klum. Try to give 2-3 compliments a day to someone you know and try to give a compliment to someone you don't know so well. It will make their day!

Picture of the Week:

What is a good caption for this photo: Why do you like or not like this photo? What do you believe the boy is thinking? Feel free to write a story about it.



Receptive Language: Understanding

Play "hide and seek" games with stuffed animals. Place objects in a hidden spot and describe to your child where they need to go to find it. Try using words like, "it is near the table, look behind the chair, it might be next to the TV". To make it more challenging, have your child do 2 things before they start to look for the object. Ex. say "before you start looking, touch your head 3X then turn around and then start looking."



Expressive Language:

Plan for a day at the park, beach or somewhere special. Together with your child, discuss and record what you will need to take on your trip. Your child can even help to write the list. Make a list of the activities you might do while at your special location. After enjoying your special day together, write a story or talk about all the things you did. Use words like "where was the setting?, who was involved and what were the events in the day". See if you learned a new word on your adventure to add to your vocabulary.

Remember daily reading, either read aloud or independent reading. is important to maintain skills and develop new vocabulary.

If you have any questions or wish to reach out about your child's speech and language skills, feel free to contact me: mackayb@hrce.ca