



Central Spryfield Elementary

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September 2025 News

Welcome to the 2025-26 school year!

We are thrilled to begin another exciting school year! It's been a busy summer, and we're ready to dive into all the fun and learning ahead. Our teachers and staff are looking forward to welcoming new and returning students and working together to make this year special. Homeroom teachers will be contacting families via email or phone call between September 2nd and 3rd to introduce themselves and welcome you.

A quick reminder: **Curriculum Night** is coming up on **September 18th from 5:30-7:00 PM**. This is a great chance to meet your child(ren)'s teacher, hear about what they'll be learning this year, and ask any questions you might have. We hope to see you there!

Thank you for being such an important part of our school community. Here's to a fantastic school year ahead!

Dates to Remember

- **Sept. 4** – First day of classes for students
- **Sept. 11** - Stand Up to Bullying Day - Wear PINK!
- **Sept. 18** - Curriculum Night/Ice Cream Social 5:30-7:00pm
- **Sept. 26** - Orange Shirt Day in honour of Truth and Reconciliation Day
- **Sept. 29** - PD Day (no classes for students)
- **Sept. 30** - Truth and Reconciliation Day observed (no classes)
- **Oct. 1** – Treaty Day – Culturally Significant day – schools open
- **Oct. 2nd and 3rd**. Picture Days. Your child's teacher will contact you about your child/ren's date
- **Oct. 13** – Thanksgiving Day – (no classes)
- **Oct. 24** – NSTU Provincial conference day – (no classes for students)





Arrival and Dismissal

Arrival – Classes start at 8:50 am. This includes Music and Phys. Ed.. Please ensure that students arrive to school on time. Students may arrive anytime between 8:35 am-8:45 am. Students enter the building upon arrival. A staff person will greet them at their designated entrance door and additional support staff will ensure that students arrive at their classrooms safely once they enter the school. Children cannot be dropped off or arrive at school before 8:35 am. This is when supervision begins.

Dismissal – At 2:50 pm students will dismiss from the doors they entered in the morning. We kindly ask that families refrain from picking up students early, as it can be very disruptive to the school's operations and valuable instructional time. To ensure that every student benefits from a full day of learning, students will not be called down to the office for dismissal between 2:30 pm – 2:00 pm.

Parking Lot Safety

It is important that we work together to ensure student safety in the parking lot of our school. Please remember that the parking lot of the school is **strictly for staff** during the school day. Please take note of the many no parking signs on the street as staff are trying to safely load or unload bus students before and after school. Student safety is our number one priority.



School Bell Schedule

8:35 - Students start arriving

8:50 - Classes begin

11:50-12:45 - Lunch

2:50 - Dismissal

The beautiful thing about learning is that no one can take it away from you.

Nova Scotia School Lunch Program



On **Monday, September 15**, the lunch program is starting in your school. From noon August 29 until next Wednesday, September 3 at noon, you will be able to place your order for the first two weeks of nutritious, delicious school lunches by going to www.NSLunch.ca.

Ordering Lunches

Starting August 29 at noon, you can go to www.NSLunch.ca, click “Order Now” and select [Halifax Regional Centre for Education] to order lunches. You will be able to log into the system using your My NS Account or a student GNSPES account. If you do not have a My NS Account, the system can guide you in creating one. You can then create or modify diner profiles. To do this, you will need to select your school and input your child’s name as it appears in this message:

First name: [name]

Last name: [name]

Once the diner profile is complete and ordering opens, you will be able to choose between two daily lunch options, place your order and access the confidential payment system.

Lunch Menu

The full Nova Scotia School Lunch Program menu is available on www.NSLunch.ca. This year’s menu has new and improved kid-approved options like chicken fingers, pizza, and mac and cheese.

Cost of Meals

The Nova Scotia School Lunch Program is pay-what-you-can, letting you decide the amount you want to pay for lunches. The amount you choose to pay through the online ordering system is confidential. Schools and food service providers will only know that a meal has been ordered.

More Information and Ordering Help

Please visit www.NSLunch.ca to explore the menu and get answers to frequently asked questions. If you experience any issues when ordering, you can also reach out to your child’s school or your region’s School Food Lead by creating a Support Request in the ordering system.

Thank you for taking part in the Nova Scotia School Lunch Program!

“A person who never made a mistake never tried anything new”

- Albert Einstein



School Advisory Council (SAC)

The School Advisory Council (SAC) is a provincially mandated group that acts in an advisory capacity to the school principal. Our SAC is made up of administration, teaching and support staff representatives, parents/guardians and community members. The SAC meets 6 times each year and discusses a variety of topics surrounding student success in our school. If you are interested in being part of our School Advisory Council, please give the main office a call or contact Karen Muldowney-Doran (principal) Kmuldowney-doran@hrce.ca

Demographic Form Updates

On September 9, the Demographic Updates Form will be available to families in the PowerSchool Parent Portal. This form should be updated by every family to ensure all information about your child is current, including contacts, medical information, consents and demographics. Even if there are no anticipated changes, please still review this information and submit the form. This information will then be reviewed by the school before updates are finalized. This deadline to submit the form is October 6, 2025.

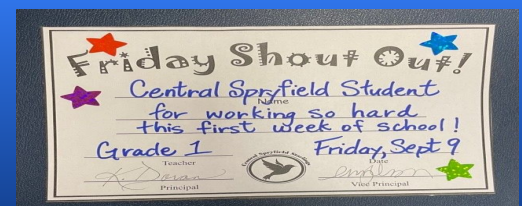
SchoolCash Setup

SchoolCash Online is an easy-to-use and safe way to pay for your children's school fees. You can pay for your child's yearbook, class trips and so much more, quickly and conveniently. Simply register an account to be able to pay in several different payment forms. [Click here](#) for more information.

Friday Shoutouts

Every Friday one or two students from each class receive a Friday Shoutout. Ms. Wyllie and Mrs. Doran announce the winners to the whole school and recipients come down to the office to receive their certificate and high fives from the admin team! Teachers choose the recipients from their classes for positive behaviours such as kindness, leadership, and perseverance. 😊

"Friday Shout Outs"





PEANUT SMART AND “SCENT”SITIVE SCHOOL

We have several students who have life threatening allergies to peanuts and nut products. Please respect their health and well-being by sending your child with snacks and lunches that are nut-free.

Additionally, many of our students have medical conditions that can be triggered by scented products. When visiting the school please refrain from wearing products containing perfumes.

Birthday Treats at School

Please do not send birthday cakes, cupcakes or other treats to school. We have many students with food sensitivities as noted above. The safety of our students is always our priority. Thanks in advance for your cooperation.

Toys & Pokémon Cards

Toys from home and Pokémon cards are not allowed at school. This helps us keep the focus on learning and prevents special items from being damaged or lost. If these items do come to school, students will need to keep them in their backpacks for the day.

Lunch Monitors and EPA subs

We are in need of substitutes for our Educational Program Assistants and Lunch Monitors. If you or someone you know might be interested please contact us at the school for more information. 902- 479- 4286

“One child, one teacher, one book, one pen can change the world.”

- Malala Yousafzai

Stand Up Against Bullying Day is September 11



On the second Thursday of September, we recognize Stand Up Against Bullying Day.

On Thursday, September 11, we will celebrate inclusivity, kindness and friendship. All HRCE school teams are focused on ensuring all students have a safe and welcoming environment in which to learn and thrive.

Please join us and wear pink if you're able on September 11 to take a stand against bullying.



***Stand Up to Bullying Day Sept ____
Don't forget to wear pink!***

Join us in observing National Day For Truth and Reconciliation



Each year on September 30, National Day for Truth and Reconciliation honours the children who didn't return from residential schools, as well as survivors, their families, and communities.

Orange Shirt Day, led by Indigenous communities, aims to raise awareness about the inter-generational impacts of residential schools and allows us all to show our support for the Every Child Matters movement.

As there are no classes on Monday, September 29 and Tuesday, September 30, we welcome staff and students to wear orange on Friday, September 26.



Orange Shirt Day, September 26

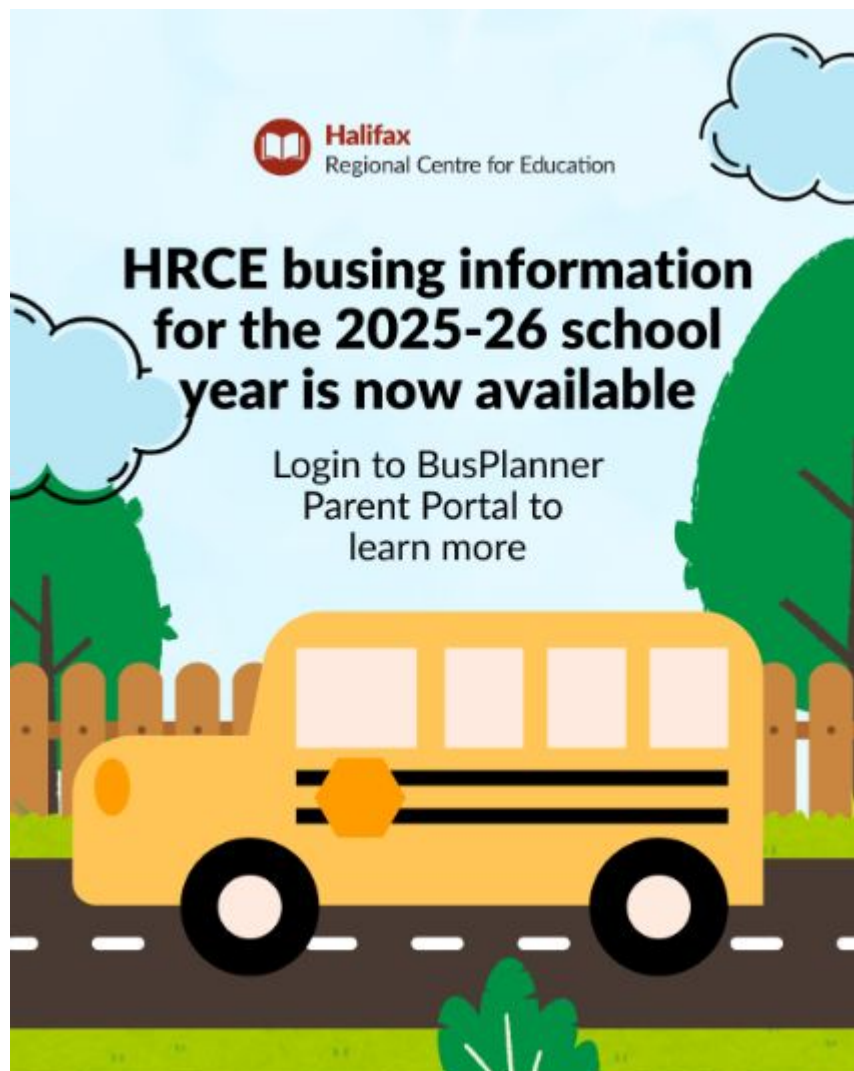


Using BusPlanner

Everything you need to know about student transportation including eligibility, stop times and stop locations can be found on BusPlanner. Once you register and subscribe, you can choose to receive email and/or text message notifications on changes to routes, bus delays or cancellations.

To sign up, go to BusPlanner at hrce.mybusplanner.ca and click on Parent Portal. Follow the instructions to create an account.

Don't have a BusPlanner Parent Portal account? Need help logging in? Please contact the HRCE Student Transportation Team at transportation@hrce.ca or call 902-431-4723.



hrce.mybusplanner.ca