



Central Spryfield Elementary

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October 2025 News

It's hard to believe we're already into October! We've had a great start to the school year, and it's been a joy to see students engaging in their learning with enthusiasm and curiosity. It was wonderful to see so many of you at **Curriculum Night!** Thank you for coming out and connecting with us. Our students are settling into routines, and we've already had several important events this fall, including **Pink Day**, **Terry Fox**, and **Orange Shirt Day**, all supported by meaningful classroom activities and conversations. We also completed our first safety drills (Fire Drill, Lockdown, and Hold & Secure), and I'm happy to report that everything went smoothly. As we move into the fall season, we remain focused on building a safe, inclusive, and respectful environment where all students feel a strong sense of belonging. Be sure to check out our new school vision statement, proudly displayed in our front entryway. Just a quick reminder that as the mornings get chillier, please ensure your child is dressed appropriately for the weather. Thank you for your ongoing support. We're looking forward to a great month ahead!

Dates to Remember

- **Sept. 29** - PD Day (no classes for students)
- **Sept. 30** - Truth and Reconciliation Day observed (no classes)
- **Oct. 1** - Treaty Day - Culturally Significant day - schools open
- **Oct. 2nd and 3rd.** Picture Days. Your child's teacher will contact you about your child/ren's date
- **Oct. 13** - Thanksgiving Day - (no classes)
- **Oct. 24** - NSTU Provincial conference day - (no classes for students)
- **Nov. 11** - Remembrance Day - (no classes for students)
- **Nov. 21** - Assessment and Evaluation Day (no classes for students)
- **Dec. 4** - PD in the morning/ Parent-Teacher Interviews afternoon and evening (no classes for students)
- **Dec. 10** - Holiday Concert

At Central,
we believe that everyone belongs and
learns best when we're **safe, kind,** and
respectful. We all share the job of making
school a place where we care about each
other, solve problems with kindness and
help each other grow. Together, we make
our school a welcoming place
to learn, play,
and belong.

Birthday Treats at School

Celebrating a child's birthday is a special moment, and our teachers work hard to make students feel recognized in meaningful and age-appropriate ways in the classroom.



We kindly ask families **not to send in birthday cakes, cupcakes, gift bags, or any other treats or toys** for student birthdays.

There are a few important reasons for this:

- **Student safety:** We have many children with **food allergies and sensitivities**, and we must ensure the school environment is safe for everyone.
- **Equity:** Not all families are in a position to send food or gifts to school, and we want all children to feel included and celebrated, regardless of circumstances.
- **Classroom focus:** Keeping celebrations simple and school-appropriate helps maintain a positive learning environment for all.

We truly appreciate your cooperation and understanding. By working together, we can continue to make every child feel special in a safe, inclusive, and respectful way.

A Quick Note About Lunch Drop-Offs

We've had a few recent instances of **DoorDash, SkipTheDishes, and fast food being dropped off** during the school day.

These drop-offs can be:

- Disruptive to learning
- Poorly timed (often too early or too late)
- A safety concern (with unknown or unscheduled visitors)
- A challenge for equity, as not all students are able to receive takeout meals

If your child forgets their lunch, please don't worry! We always have **extra food options available** through the main office, and no student will go hungry during the lunch hour. Please encourage your child to come to the office if they ever find themselves without lunch.

Thanks for helping us keep the day running smoothly and focused on learning!

School Bell Schedule

8:35 - Students start arriving

8:50 - Classes begin

11:50-12:45 - Lunch

2:50 - Dismissal



*The beautiful thing about learning is that no one can
take it away from you.*

October 1 is Treaty Day



Celebrating and recognizing Treaty Day is an important way we can strengthen understanding and respect for Indigenous cultures and histories. It highlights the significance of treaties as living agreements that shape relationships between Indigenous peoples and the government. By educating students about Treaty Day, we promote awareness of Indigenous rights and contributions and encourage reconciliation. This celebration helps build a more inclusive and respectful society, where students learn the importance of honouring commitments and working together for a better future.

October is Mi'kmaq History Month

October is Mi'kmaq History Month, a time to celebrate and recognize the rich culture, history, and contributions of the Mi'kmaq people. In our schools, we can honour this month by incorporating Mi'kmaq stories, traditions and teachings into our curriculum. Activities such as guest speakers, art projects and cultural events can help students appreciate and understand the significance of Mi'kmaq heritage. Please join us in offering our respect, awareness and appreciation for the Mi'kmaq community and their enduring legacy. Learn more [here](#).



October is Mi'kmaq History Month

October 20-24 is School Bus Safety Week



Student safety is a shared responsibility! During School Bus Safety Week, everyone can work together to ensure the safety of students on and around the school bus. *Did you know that HRCE has more than 33,000 students who ride the school bus every day?*

School Bus Safety Week is a great time to remind students, families and schools, of a few daily safety tips that everyone can follow to ensure all students get to school safely.

Bus Stop Safety

- Be on time for the bus and please don't run to/from the bus.
- Stand back off the road and don't push or shove when waiting at a stop.
- Always cross in front of the bus. Walk three metres (10 feet) in front of the bus to a point where you can see the driver and wait for the driver's signal to cross. Proceed to the centre of the road, STOP, LOOK & LISTEN and cross the road when it is safe.
- Never crawl under a school bus or cross the road behind the bus.
- Know the danger zones around the bus.

School Bus Safety

- Please respect and listen to the driver and avoid distracting them.
- Please keep noise levels to a minimum.
- Do not stand or move seats while the bus is in motion.
- Never put your hands, arms, feet or head out of the bus window.
- Ask the driver for permission before you open the bus windows.
- Do not throw anything inside the bus or out of the windows.
- Keep the aisle clear at all times when the bus is in motion.



Remember: In Nova Scotia, it's illegal to pass a school bus when its red lights are flashing and the stop arm is extended.

You can find out more information about riding the school bus in HRCE [here](#).

hrce.mybusplanner.ca



O Canada in Schools

In September, the Nova Scotia Department of Education and Early Childhood Development shared a new provincial policy about the playing of our national anthem in schools. You can read it [here](#).

In keeping with this policy, we play O Canada at the beginning of each school day in our school.

If you have any questions, please reach out to the school office.

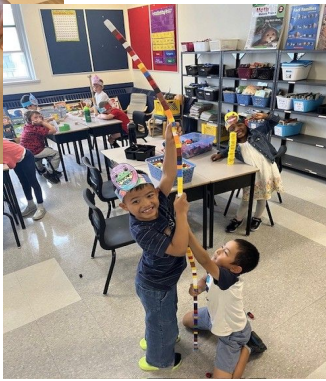
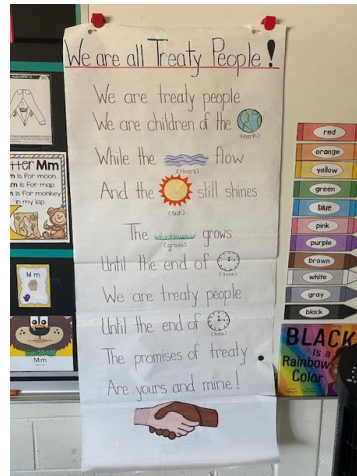
October is Canadian Library Month

October is Canadian Library Month, a time to celebrate our wonderful libraries and the Library Support Specialists who support our students. The third Friday of the month is Canadian Library Workers Day and the fourth Monday is Canadian School Library Day. Please join us in thanking our school library worker, Mr. McKenney for all he does every week to create a safe and welcoming space, encouraging a love of reading and helping students succeed in school and beyond. Learn more [here](#).



"It takes a big heart to help shape little minds." – Unknown

September Fun!



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